

**Mental Health Association
of Monmouth County**

An Affiliate of



www.mentalhealthmonmouth.org

Presents



The Red Bank Resource Network & Sandy Wellness Program

Free Counseling, Information, & Referrals for
Individuals & Families Affected by Superstorm Sandy

All services available in English and Spanish

www.rbrnhelps.com

Information and Referrals:

- *Financial Assistance (Rent, Utilities)*
- *Housing Assistance*
- *Application Assistance (Food Stamps, Health Insurance/Affordable Healthcare)*
- *Free Internet, Phone, Copier, and Fax*

*Address: 101-103 Shrewsbury Ave,
Suite B Red Bank*

*Walk-ins welcome. For questions:
732-383-5135*

*Facebook: @Red Bank Resource Network & Sandy
Wellness Program and @Red Bank Resource Net-
work en Español*

Counseling Offered At 4 Convenient Locations:

*Red Bank : 101-103 Shrewsbury
Ave, Suite B*

*Shrewsbury: 119 Avenue At The
Common, Suite 5
(MHA Main Office)*

Keansburg: 13 Kennedy Way

Manasquan: 47-51 South Street

*For appointments, call MHA
Shrewsbury Office:*

732-542-6422

follow us on Facebook @Sandy Resources

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